

# Definition, Classification, and Diagnosis of Pulmonary Hypertension

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mPAP > 20 mmHg

mPAP > 20 mmHg  
PAWP  $\leq$  15 mmHg  
PVR > 2 WU

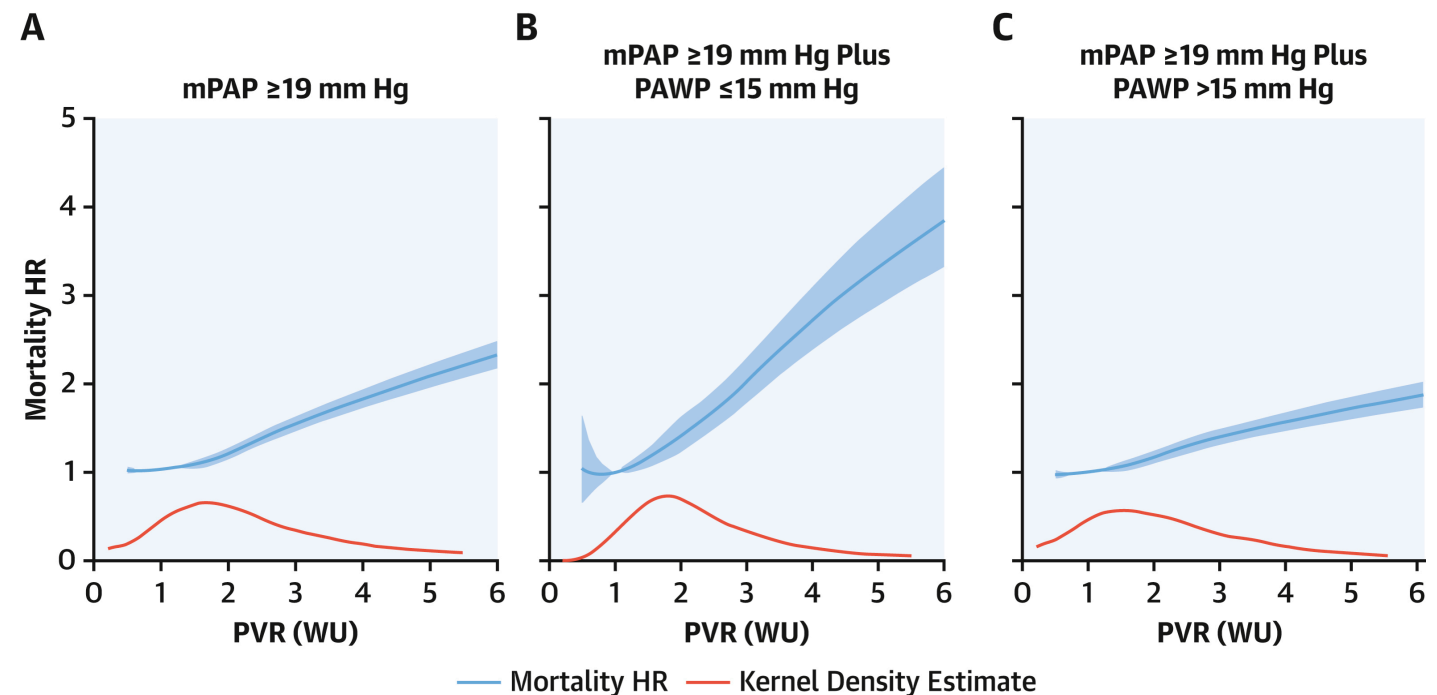
mPAP > 20 mmHg  
PAWP > 15 mmHg  
PVR  $\leq$  2 WU

mPAP > 20 mmHg  
PAWP > 15 mmHg  
PVR > 2 WU

mPAP/CO slope > 3 mmHg/L/min  
between rest and exercise

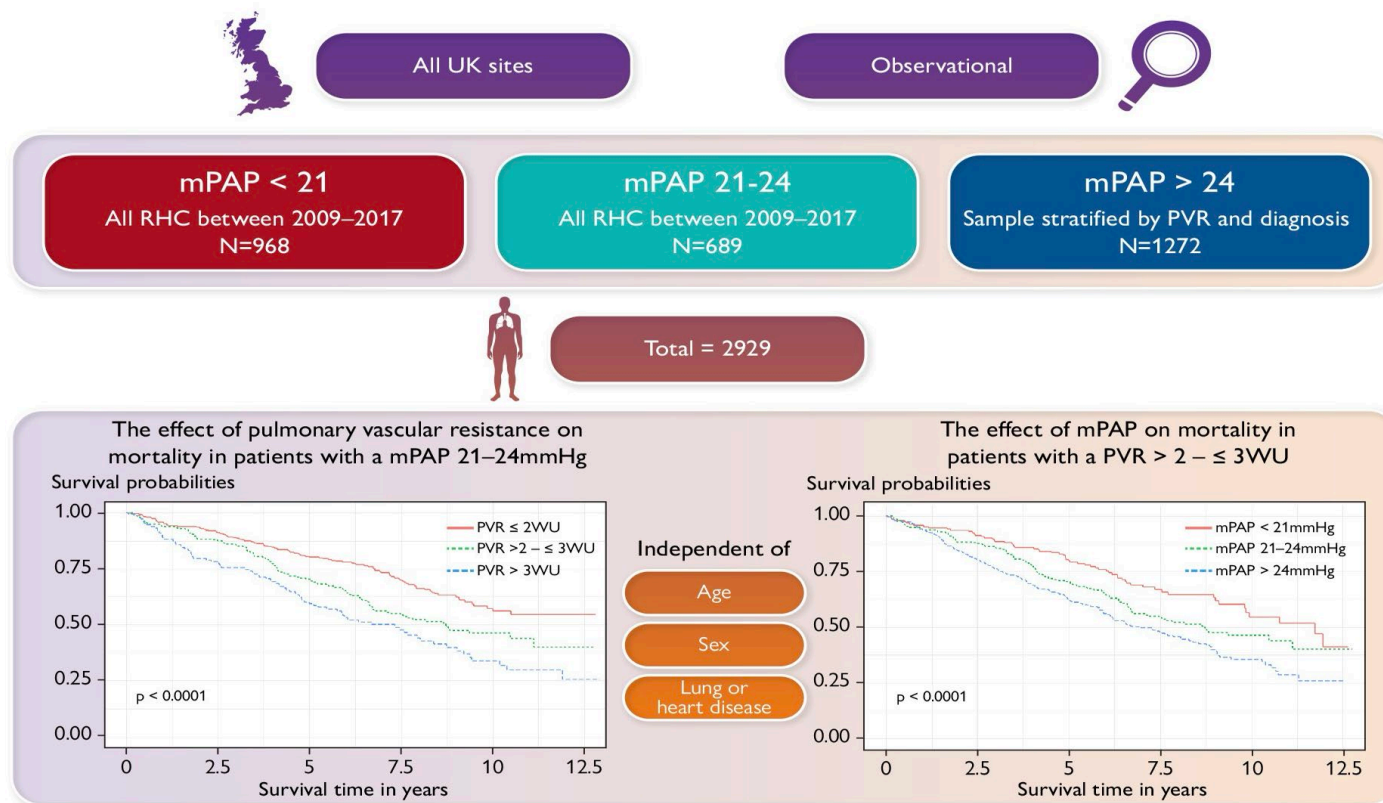
# Mild Pulmonary Hypertension and Mortality

- Mild PH confers increased mortality in many well-phenotyped causes of PH (scleroderma, sickle cell, LHD)
- N = >40,000 VA patients, many with prevalent LHD
- PVR >2.1 captured ~55% more at-risk patients than a PVR of 3.0
- HR mortality 1.47
- HR heart failure hospitalization 1.17
- Results validated in a study at Vanderbilt University in a sex-matched cohort
- No data for treatment affecting this risk



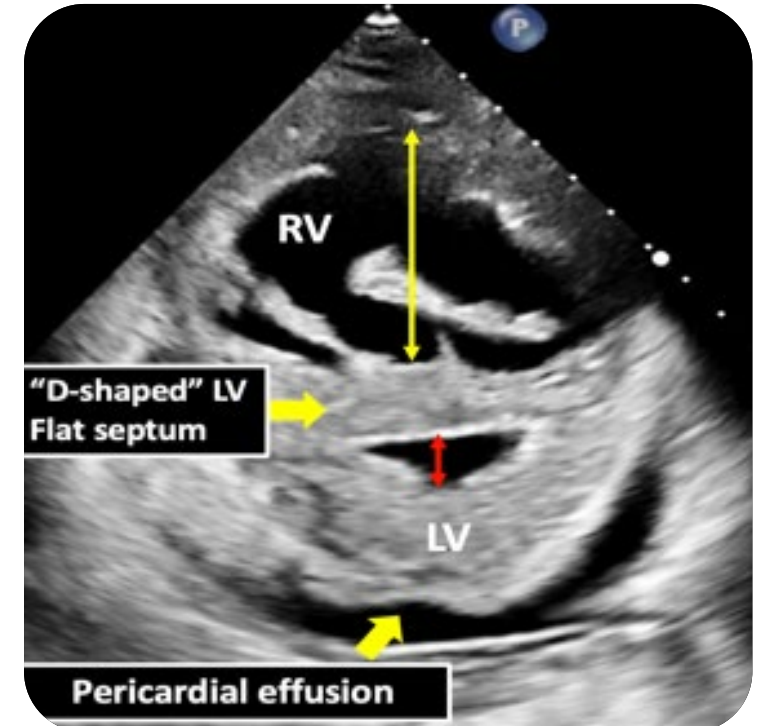
# Outcomes in Patients With “Mild PH”

- Survival in patients referred for right heart cath in the UK 2009-2017, stratified by hemodynamics
- Majority of patients with mPAP 21-24 and PVR 2-3 had underlying heart or lung disease (68% and 79%, respectively)
- Mortality is increased in “mild PH”



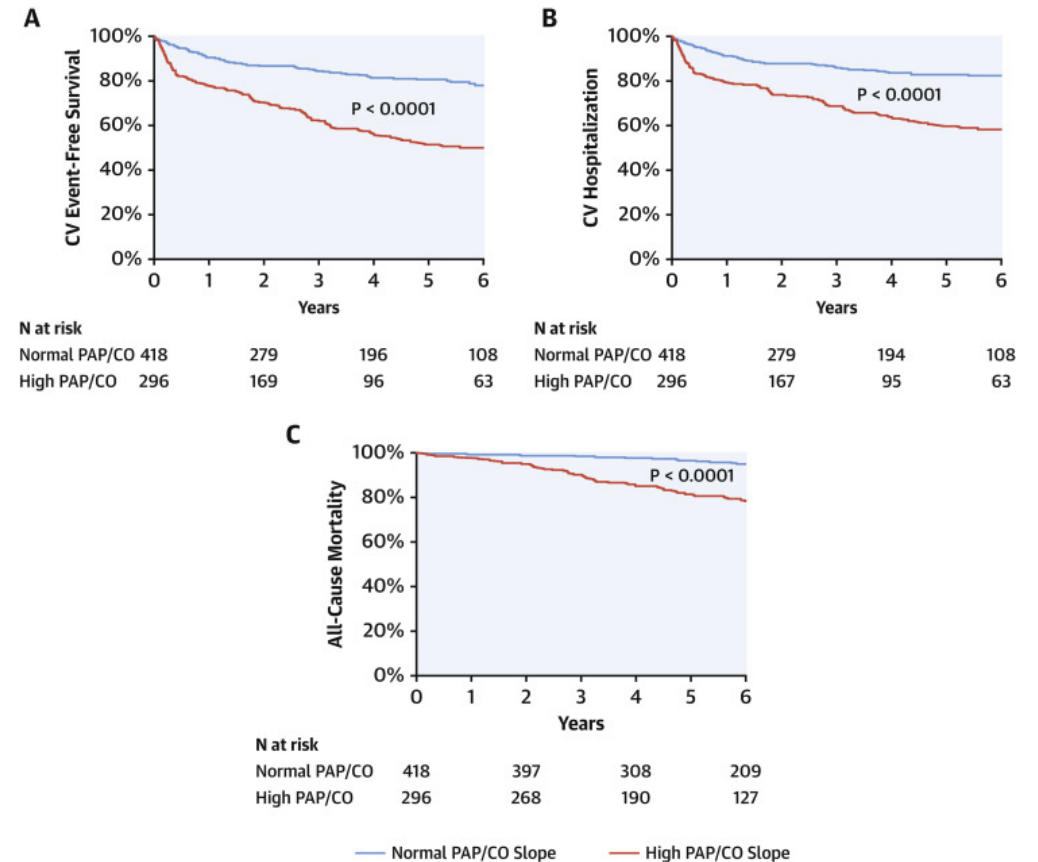
# Mild PH and Classification

- Mild PH confers increased mortality in referred patients but often occurs in the setting of underlying heart and lung disease
- RHC must be interpreted in a clinical context to avoid misclassification
- Avoid RHC amidst an acute condition
- Comprehensive, deliberate evaluation remains important



# Exercise Pulmonary Hypertension

- mPAP/CO slope > 3 mmHg/L/min is defined as abnormal
- Exercise PH is associated with worse event-free survival in patients with chronic dyspnea
- This finding holds despite comorbidities
- This definition allows future study of this population
- No proven therapeutic options



## 1. Pulmonary arterial hypertension (PAH)

- 1.1 Idiopathic
  - 1.1.1 Long-term responders to calcium channel blockers
- 1.2 Heritable <sup>a</sup>
- 1.3 Associated with drugs and toxins <sup>a</sup>
- 1.4 Associated with:
  - 1.4.1 Connective tissue disease
  - 1.4.2 HIV infection
  - 1.4.3 Portal hypertension
  - 1.4.4 Congenital heart disease
  - 1.4.5 Schistosomiasis
- 1.5 PAH with features of venous/capillary (PVOD/PCH) involvement
- 1.6 Persistent PH of the newborn

## 2. PH associated with left heart disease

- 2.1 Heart failure:
  - 2.1.1 with preserved ejection fraction
  - 2.1.2 with reduced or mildly reduced ejection fraction
  - 2.1.3 with specific cardiomyopathies (hypertrophic and amyloid)
- 2.2 Valvular heart disease
  - 2.2.1 aortic valve disease
  - 2.2.2 mitral valve disease
  - 2.2.3 mixed valvular disease
- 2.3 Congenital/acquired cardiovascular conditions leading to post-capillary PH

## 3. PH associated with lung diseases and/or hypoxia

- 3.1 Chronic obstructive pulmonary disease and/or emphysema
- 3.2 Interstitial lung disease
- 3.3 Combined pulmonary fibrosis and emphysema
- 3.4 Other parenchymal lung diseases <sup>b</sup>
- 3.5 Non-parenchymal restrictive diseases
  - 3.5.1 Hypoventilation syndromes
  - 3.5.2 Pneumonectomy
  - 3.5.3 Musculoskeletal disorders
- 3.6 Hypoxia without lung disease (e.g. high altitude)
- 3.7 Developmental parenchymal disorders

## 4. PH associated with pulmonary artery obstructions

- 4.1 Chronic thrombo-embolic PH
- 4.2 Other pulmonary artery obstructions <sup>c</sup>

## 5. PH with unclear and/or multifactorial mechanisms

- 5.1 Haematological disorders <sup>d</sup>
- 5.2 Systemic disorders: sarcoidosis, pulmonary Langerhans's cell histiocytosis, and neurofibromatosis type 1
- 5.3 Metabolic disorders <sup>e</sup>
- 5.4 Chronic renal failure with or without haemodialysis
- 5.5 Pulmonary tumour thrombotic microangiopathy
- 5.6 Fibrosing mediastinitis
- 5.7 Complex congenital heart diseases

# Long-Term Responders to Calcium Channel Blockers

## Acute vasoresponder removed

- A positive response is observed in up to 12% of iPAH or DT-PAH and 5% of heritable
- This group was the only one defined not by pathophysiology but by an initial therapeutic strategy
- This group includes both those who will be long-term responders and those who will progress similarly to PAH

## Long-term responders added

- Separate pathophysiology and prognosis
- This does require long-term follow-up
- Emphasizes the importance of initial vasoreactivity testing

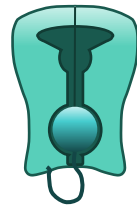
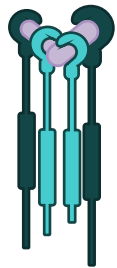


# Genetic Abnormalities Associated With Heritable PAH

IPAH, family hx of PH, anorexigen-associated PH, and CHD-PAH

Genetic counseling

Suspected PVOD/PCH



## BMP/TGF- $\beta$ family

*ACVRL1* (ALK1)\*  
*BMPR2* (BMPR2)  
*ENG* (endoglin)\*  
*GDF2* (BMP9)  
*SMAD9* (SMAD8)  
*CAV1* (caveolin-1)

## Channels

*ATP13A3* (ATPase 13A3)  
*KCNK3* (TASK1)  
*ABCC8* (MRP8)

## Transcription factors

*EIF2AK4* (GCN2)<sup>†</sup>  
*SOX17* (SOX17)<sup>‡</sup>  
*TBX4* (TBX4)<sup>‡</sup>

## Other

*KDR* (VEGFR2)  
*TET2* (TET2)  
*GGCX* (GGCX)

\*Hereditary hemorrhagic telangiectasia. †Pulmonary veno-occlusive disease/pulmonary capillary hemangiomatosis.

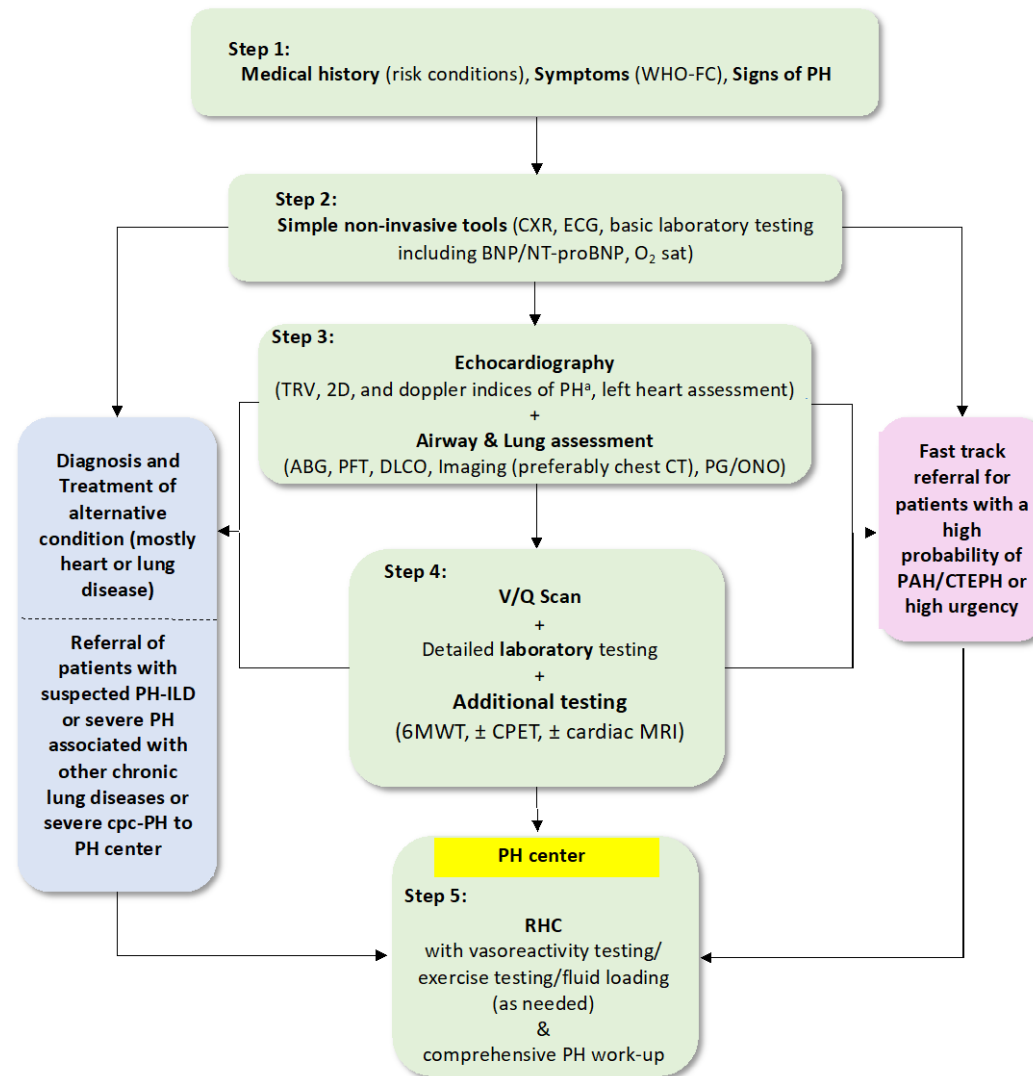
‡Lung development abnormalities.

Eichstaedt CA, et al. *Eur Respir J*. 2023;61(2):2201471.

# Diagnosis of Pulmonary Arterial Hypertension

- Simplified diagnostic algorithm
- Vasoreactivity testing in IPAH, DPAH, and HPAH
- Emphasize fast-track Referral for high-risk patients

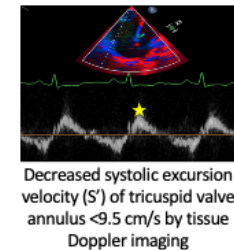
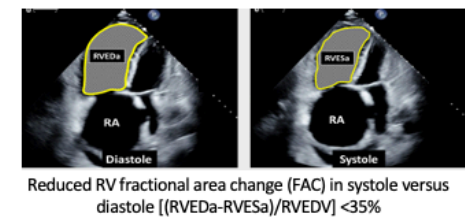
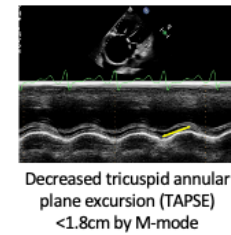
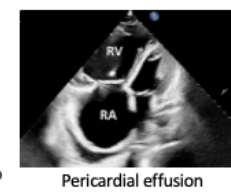
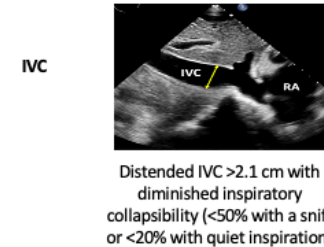
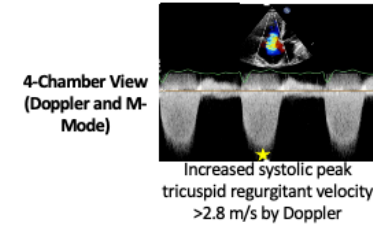
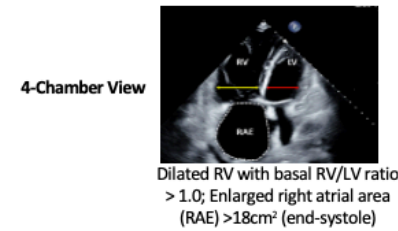
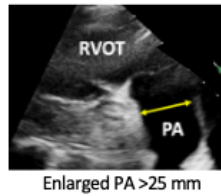
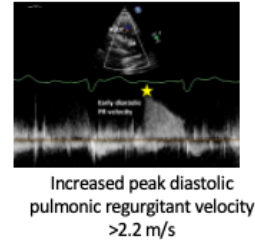
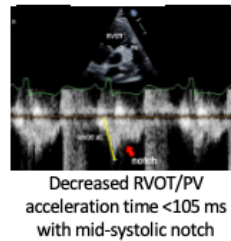
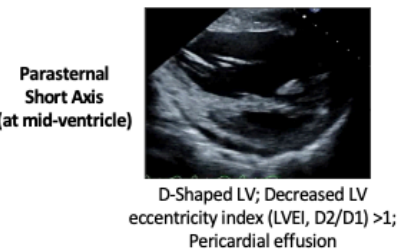
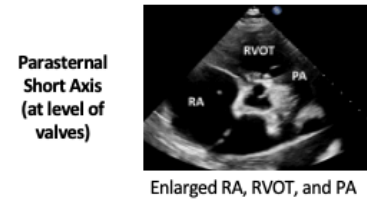
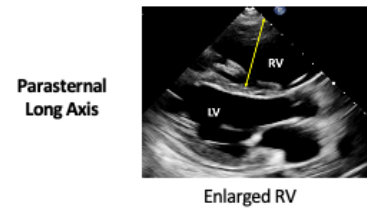
Diagnostic algorithm of patients with suspected PH



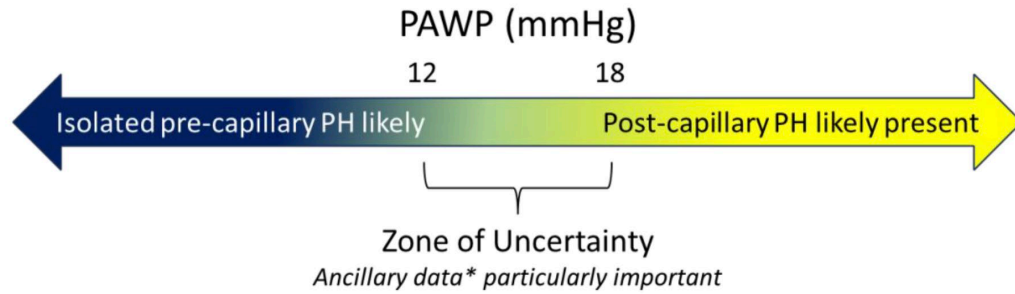
# Echocardiographic Measurements

|                                     |   |
|-------------------------------------|---|
| The ventricles                      | RV/LV basal diameter / area ratio $> 1.0$                                       |
|                                     | Flattening of interventricular septum (LVEI $> 1.1$ in systole and/or diastole) |
|                                     | TAPSE / sPAP ratio $< 0.55$ mm/mmHg   |
| Pulmonary artery                    | RVOT AT $< 105$ ms and/or mid-systolic notching                                 |
|                                     | Early diastolic pulmonary regurgitation velocity $> 2.2$ m/s                    |
|                                     | PA diameter $>$ AR diameter; PA diameter $> 25$ mm                              |
| Inferior vena cava and right atrium | IVC diameter $> 21$ mm with decreased inspiratory collapse                      |
|                                     | RA area (end-systole) $> 18$ cm <sup>2</sup>                                    |

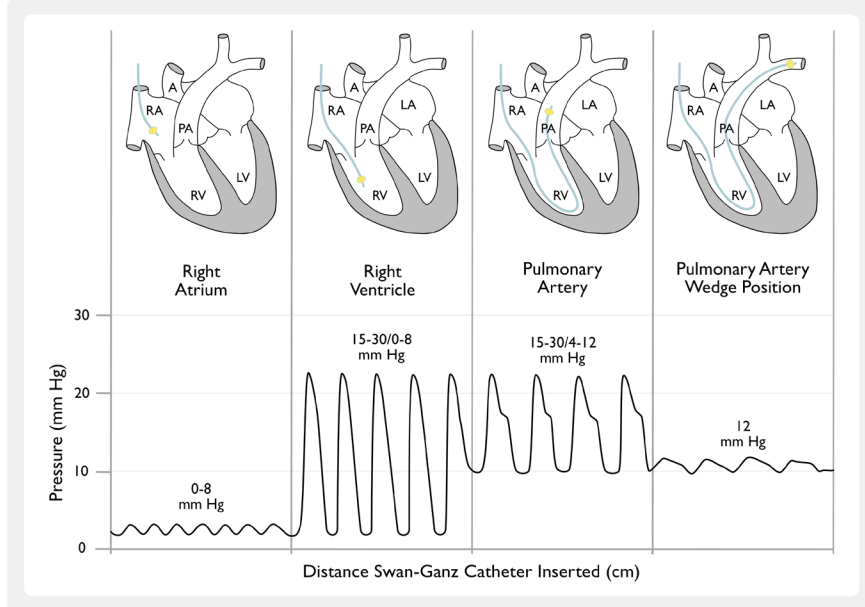
# Echocardiographic Measurements by Standard View



# Right Heart Catheterization



Swan-Ganz Distal Tip Position and Expected Pressure Waveforms



Measurements are end-expiratory without breath-hold or averaged over 3-4 respiratory cycles

Direct Fick > TD > Indirect Fick CO

Vasoreactivity testing in IPAH, DPAH, and HPAH

Normal or moderately increased mPAP and PCWP 13-15 may benefit from provocative testing

Exercise

- Exercise PH defined by the mPAP/CO slope > 3 mmHg/L/min, but may also bring out postcapillary PH

# Patient Case

- 15-year-old male patient with dyspnea and chest pain
- Born 3.5 weeks premature and spent 6 days in NICU for “lung problems”
- Struggling with dyspnea and fatigue with exercise since age 9
- Diagnosed with asthma but inhalers did not help; CT with air trapping
- He recently developed chest pain that radiates to left shoulder and a decline in exercise capacity
- TTE with right-to-left shunt through a patent foramen ovale
- He is also having a problem with his knee and is asking to undergo knee surgery

## Past medical history

- ADHD – on lisdexamfetamine
- Factor V Leiden heterozygote

## Social history

- Has smoked marijuana and a few cigarettes in high school; no cocaine or methamphetamine

## Family history

- Biological father was a long-distance truck driver who had PE and died at age 33

# Patient Case

- HRCT chest
- Mosaic attenuation bilaterally on expiratory phase
- Mild diffuse bronchial wall thickening and bronchiectasis
- Mildly enlarged main pulmonary artery

## Pulmonary function tests

- FVC 3.71 (87 %)
- FEV1 3.08 (84 %)
- Ratio 83%
- TLC 4.62 (89 %)
- DLCO normal

## NT-proBNP

- 58 pg/mL

## Cardiac MRI

- RVEDV 219 ml
- RVEF 61 %
- SVI 64 ml/m<sup>2</sup>



## RHC (3/22/19)

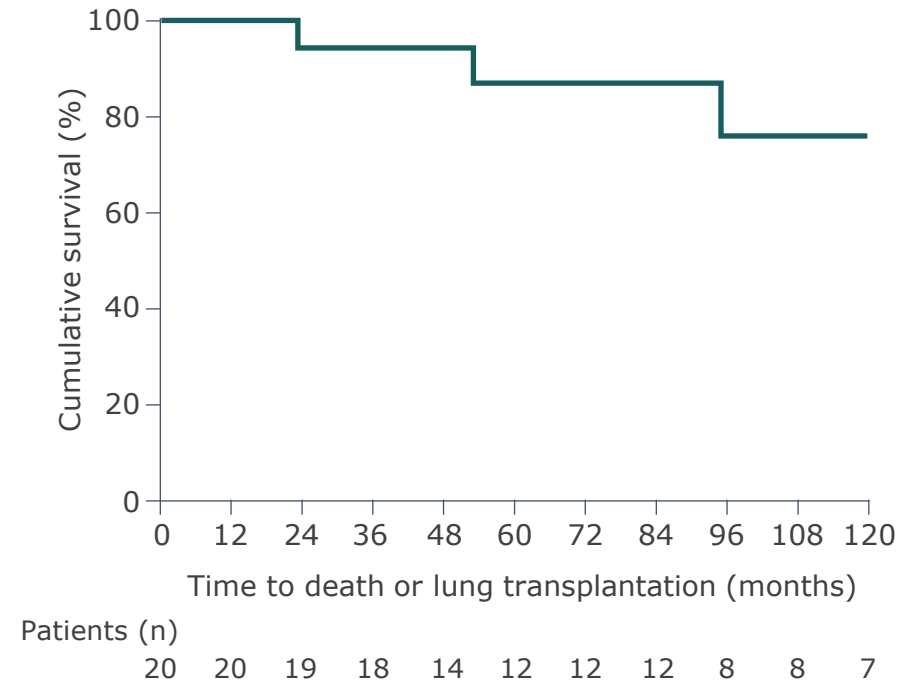
- RAP 7 mmHg
- PAP 62/45 (52) mmHg
- PCWP 9 mmHg
- Qp 2.28; Qs 2.28; Qp/Qs 1:1
- PVR 18.8 WU
- PA sats 67%
- SVC 65%
- RA 66%

DLCO, diffusing capacity of the lungs for carbon monoxide; FEV1, forced expiratory volume; FVC, forced vital capacity; HRCT, high-resolution computed tomography; MRI, magnetic resonance imaging; NT-proBNP, N-terminal pro-brain natriuretic peptide; PA(P), pulmonary artery (pressure); PCWP, pulmonary capillary wedge pressure; PVR, pulmonary vascular resistance; Qp/Qs, ratio of pulmonary blood flow to systemic blood flow; RA(P), right atrial (pressure); RHC, right heart catheterization; RVEDV, right ventricle end diastolic volume; RVEF, right ventricle ejection fraction; SVC, superior vena cava; SVI, stroke volume index; TLC, total lung capacity; WU, Wood units.

# Patient Case: Genetic Testing

- Heterozygous in frameshift mutation in exon 9 of the **TBX4 gene**; the new reading frame encodes a STOP codon 14 positions downstream
  - Associated with childhood-onset PAH, small patella syndrome (ischiocoxopodopatellar syndrome), and pulmonary parenchymal abnormalities

Time to death or lung transplantation in patients with PAH with *TBX4* mutation





# Risk Stratification in PAH

## State of the Art

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Professor of Medicine

Mayo Clinic College of Medicine

Department of Cardiovascular Disease

Director, Mayo Pulmonary Hypertension Clinic

Rochester, MN



# 59-Year-Old Woman With Mild Dyspnea

- Family history:
  - Grandmother died in childbirth in the 1930s
  - 7 years ago, her daughter underwent transplant for PAH
- Past medical history:
  - Obstructive sleep apnea
  - Rheumatoid arthritis x 25 years
    - Rx hydroxychloroquine, etanercept, prednisone
- Exam: BP 102/80, P 87, BMI 31, JVP nl, prominent P2
- Echo: eRVSP 65 mmHg, D-shaped LV, mod RV enlarge/dysfn, nl IVC
- Cardiac MRI: RVEF 41%
- PFTs: Normal spirometry, DLCO 74% predicted
- 6-min walk: 317 m, normal sats
- BNP: 280 pg/mL



# Right Heart Catheterization

- BP 102/80, P 87
- RA 9, PA 72/27/44, PCW 8, CO/CI 4.8/2.9, PVR 9 WU, PA sat 59%, SVI 33
- Nitric oxide:
  - PA 72/27/44, PCW 6, CO/CI 5.0/3.0, PVR 7.6 WU
- Dx: PAH, familial and/or related to rheumatoid arthritis
- Next step: Risk stratification
- Key point: Baseline *and serial* (3- to 6-month interval) reassessments

# European Society of Cardiology (ESC)/European Respiratory Society (ERS) Risk Tools

**ECS/ERS 3 risk-strata**

| Determinants of prognosis (according to 1-year estimated mortality) |                             | Low risk (<5%)                             | Intermediate risk (5–20%)                    | High risk (>20%)                           |
|---|-----------------------------|--|--|--|
| Clinical parameters   | Signs of right HF           | Absent                                     | Absent                                       | Present                                    |
|   | Symptom progression         | No   | Slow   | Rapid                                      |
|   | Syncope                     | No   | Occasional                                   | Repeated                                   |
|   | WHO-FC                      | I, II                                      | III  | IV   |
| Exercise tests  | 6MWD                        | >440 m                                     | 165–440 m                                    | <165 m                                     |
|   | CPET                        |  |  |  |
| Biomarkers  | Peak $\dot{V}_{O_2}$        | >15 mL·kg <sup>-1</sup> ·min <sup>-1</sup> | 11–15 mL·kg <sup>-1</sup> ·min <sup>-1</sup> | <11 mL·kg <sup>-1</sup> ·min <sup>-1</sup> |
|   | $\dot{V}_E/\dot{V}_{CO_2}$  | <36  | 36–44  | >44  |
| Imaging   | BNP                         | <50 ng·L <sup>-1</sup>                     | 50–800 ng·L <sup>-1</sup>                    | >800 ng·L <sup>-1</sup>                    |
|   | NT-proBNP                   | <300 ng·L <sup>-1</sup>                    | 300–1100 ng·L <sup>-1</sup>                  | >1100 ng·L <sup>-1</sup>                   |
| RHC   | Echocardiography            |  |  |  |
|   | RA area                     | <18 cm <sup>2</sup>                        | 18–26 cm <sup>2</sup>                        | >26 cm <sup>2</sup>                        |
|   | TAPSE/sPAP                  | >0.32 mm·mmHg <sup>-1</sup>                | 0.19–0.32 mm·mmHg <sup>-1</sup>              | <0.19 mm·mmHg <sup>-1</sup>                |
|   | PE                          | No   | Minimal                                      | Moderate or large                          |
| RHC   | cMRI                        |  |  |  |
|   | RVEF                        | >54%                                       | 37–54%                                       | <37%                                       |
|   | SVI                         | >40 mL·m <sup>-2</sup>                     | 26–40 mL·m <sup>-2</sup>                     | <26 mL·m <sup>-2</sup>                     |
|   | RVESVI                      | <42 mL·m <sup>-2</sup>                     | 42–54 mL·m <sup>-2</sup>                     | >54 mL·m <sup>-2</sup>                     |
| RHC   | Haemodynamics               |  |  |  |
|   | RAP                         | <8 mmHg                                    | 8–14 mmHg                                    | >14 mmHg                                   |
|   | CI                          | ≥2.5 L·min <sup>-1</sup> ·m <sup>-2</sup>  | 2.0–2.4 L·min <sup>-1</sup> ·m <sup>-2</sup> | <2.0 L·min <sup>-1</sup> ·m <sup>-2</sup>  |
|   | S <sub>vO<sub>2</sub></sub> | >65%                                       | 60–65%                                       | <60%                                       |

**ECS/ERS 4 risk-strata**

| Determinants of prognosis | Low                     | Intermediate-low           | Intermediate-high           | High                     |
|---------------------------|-------------------------|----------------------------|-----------------------------|--------------------------|
| WHO-FC                    | I, II                   |                            | III                         | IV                       |
| 6MWD                      | >440 m                  | 320–440 m                  | 165–319 m                   | <165 m                   |
| BNP                       | <50 ng·L <sup>-1</sup>  | 50–199 ng·L <sup>-1</sup>  | 200–800 ng·L <sup>-1</sup>  | >800 ng·L <sup>-1</sup>  |
| NT-proBNP                 | <300 ng·L <sup>-1</sup> | 300–649 ng·L <sup>-1</sup> | 650–1100 ng·L <sup>-1</sup> | >1100 ng·L <sup>-1</sup> |

**ESC/ERS risk calculation**

**SPAHR/COMPERA 1.0**

| Parameters          |                               |                       |
|---------------------|-------------------------------|-----------------------|
| Low risk<br>1 point | Intermediate risk<br>2 points | High risk<br>3 points |

Overall risk =  $\frac{\text{sum of the points}}{\text{n of parameters}}$

- 1.0–1.49 = Low risk
- 1.5–2.49 = Intermediate risk
- ≥2.5 = High risk

**FPHR invasive**

Low risk parameters

|        |   |                                  |
|--------|---|----------------------------------|
| WHO-FC | I–II                                      | Low risk = 4 low risk parameters |
| 6MWD   | >440 m                                    |                                  |
| RAP    | <8 mmHg                                   |                                  |
| CI     | ≥2.5 L·min <sup>-1</sup> ·m <sup>-2</sup> |                                  |

**FPHR noninvasive**

Low risk parameters

|               |                            |                                  |
|---------------|----------------------------|----------------------------------|
| WHO-FC        | I–II                       | Low risk = 3 low risk parameters |
| 6MWD          | >440 m                     |                                  |
| BNP/NT-proBNP | <50/300 ng·L <sup>-1</sup> |                                  |

**COMPERA 2.0**

| Parameters          |                                   |                                    |                       |
|---------------------|-----------------------------------|------------------------------------|-----------------------|
| Low risk<br>1 point | Intermediate-low risk<br>2 points | Intermediate-high risk<br>3 points | High risk<br>4 points |

Overall risk =  $\frac{\text{sum of the points}}{\text{n of parameters}}$

- 1.0–1.49 = Low risk
- 1.5–2.49 = Intermediate-low risk
- 2.5–3.49 = Intermediate-high risk
- ≥3.5 = High risk

# Registry to Evaluate Early and Long-Term Pulmonary Arterial Hypertension Disease Management (REVEAL) Risk Tools

REVEAL 2.0

|  | -2   | -1      | 0        | 1       | 2         | 3    |
|--|------|---------|----------|---------|-----------|------|
| WHO group 1 subgroup   |      |         | Other    | CTD     | Heritable | PoPH |
| Male >60 years   |      |         | No       |         | Yes       |      |
| All-cause hospitalisation ≤6 months                          |      |         | No       | Yes     |           |      |
| eGFR <60 mL/min/1.73m <sup>2</sup> or renal insufficiency    |      |         | No       | Yes     |           |      |
| Systolic BP (mmHg)   |      |         | ≥110     | <110    |           |      |
| Heart rate (bpm)   |      |         | ≤95      | >95     |           |      |
| WHO-FC   |      | I       | II       | III     | IV        |      |
| 6MWD (m)   | ≥440 | 320-440 | 165-320  | <165    |           |      |
| BNP (ng·L <sup>-1</sup> ) or NT-proBNP (ng·L <sup>-1</sup> ) | <50  |         | 50-200   | 200-800 | ≥800      |      |
|  | <300 |         | 300-1100 |         | ≥1100     |      |
| PE on echocardiogram   |      |         | No       | Yes     |           |      |
| D <sub>lCO</sub> ≤40 % pred                                  |      |         | No       | Yes     |           |      |
| RAP >20 mmHg within 1 year                                   |      |         | No       | Yes     |           |      |
| PVR <5 WU  |      | Yes     | No       |         |           |      |

Overall risk = sum of the points +6 =

- 0-6 = Low risk
- 7-8 = Intermediate risk
- ≥9 = High risk

Total = 10

REVEAL Lite 2

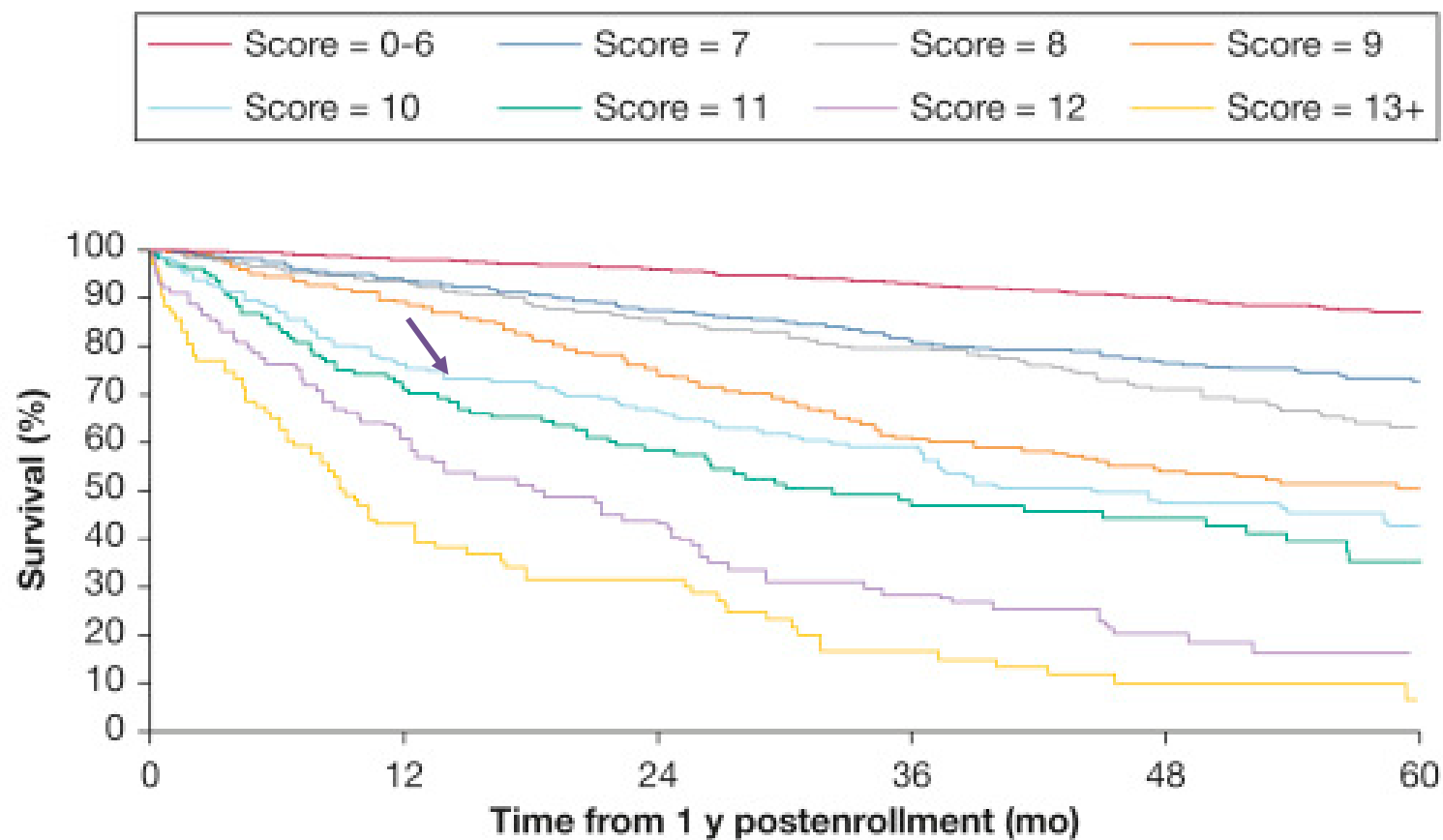
|  | -2   | -1      | 0        | 1       | 2     |
|--|------|---------|----------|---------|-------|
| eGFR <60 mL/min/1.73m <sup>2</sup> or renal insufficiency    |      |         | No       | Yes     |       |
| Systolic BP (mmHg)   |      |         | ≥110     | <110    |       |
| Heart rate (bpm)   |      |         | ≤95      | >95     |       |
| WHO-FC   |      | I       | II       | III     | IV    |
| 6MWD (m)   | ≥440 | 320-440 | 165-320  | <165    |       |
| BNP (ng·L <sup>-1</sup> ) or NT-proBNP (ng·L <sup>-1</sup> ) | <50  |         | 50-200   | 200-800 | ≥800  |
|  | <300 |         | 300-1100 |         | ≥1100 |

Overall risk = sum of the points +6 =

- 0-5 = Low risk
- 6-7 = Intermediate risk
- ≥8 = High risk

Total = 8

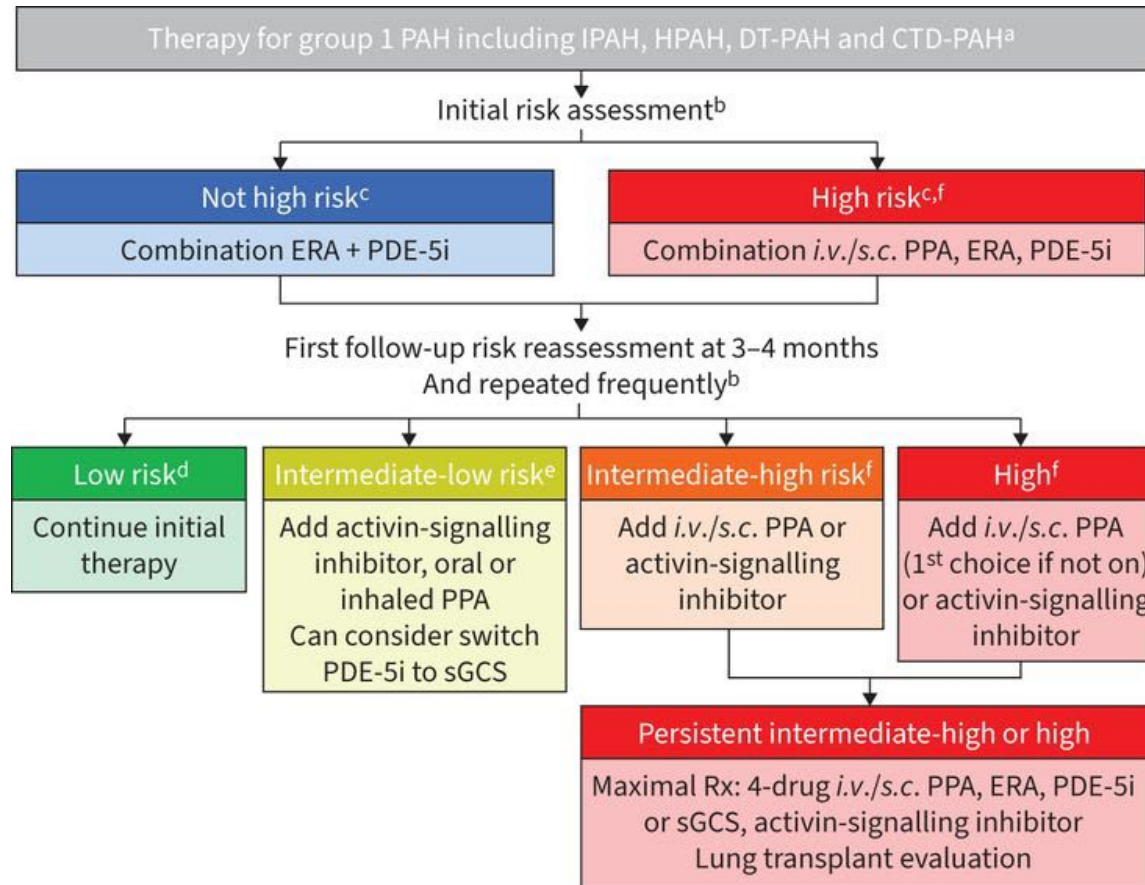
# REVEAL 2.0 5-Year Survival Curves



# Attributes/Limitations of Risk Calculators

- Greater number of variables in REVEAL 2.0, REVEAL 2.0 Lite improves performance, but does not prove that using them results in better patient outcome than using the other tools
- Accounting for patient-specific factors, such as diagnosis, age, sex, DLCO, renal function, provides more precise prognostication
- Some components of the calculators may be impacted by factors other than the severity of the PAH, so may not be modified by more therapy
- Noninvasive calculators are easier to obtain than those that include invasive parameters, but hemodynamics are a critical aspect of PAH
- Calculators have mostly been built using databases with little imaging data, restricting their ability to incorporate that additional information

# Treatment Algorithm



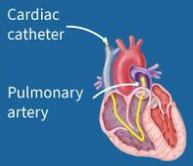


## Treatment algorithm key points

- The treatment algorithm is intended for patients with confirmed group 1 PAH (phenotypically clear-cut, including **mPAP  $\geq 25$  mmHg and PVR  $> 3$  Wood Units** and no significant response on acute vasoreactivity testing). See text for treatment in PAH with complex phenotypes.
- Risk assessment** should be performed at baseline, within 3–4 months and periodically thereafter, and using FC, 6MWD and natriuretic peptides as a part of a validated risk calculator. Haemodynamics, RV imaging and other measures should be used to supplement risk assessment.
- Initial triple therapy** with an *i.v./s.c.* PPA is recommended in high-risk patients and may be considered in non-high risk with severe haemodynamics and/or poor RV function.
- Most **low-risk patients** at follow-up should continue initial therapy.
- Clinical trials with oral and inhaled treprostinil included **only patients on monotherapy**, while studies of selexipag and sotarcept included patients on combination therapy.
- Transplant referral** should be considered for select high-risk patients at diagnosis, and for intermediate-high and high-risk patients at first or subsequent follow-up.



# Comprehensive Treatment Goals in Pulmonary Arterial Hypertension (PAH)

| Domain   | Treatment goals  | Comments  | Limitations  |
|--|--|---|--|
| <b>Exercise tolerance</b><br>     | <b>6MWD &gt;440 m</b><br><b>WHO-FC I or II</b>   | Not disease-specific, potentially affected by conditions other than PAH   | Goals may not be achievable in patients with other conditions limiting exercise capacity   |
| <b>RV function and strain</b><br> | <b>BNP &lt;50 ng·L<sup>-1</sup></b><br><b>NT-proBNP &lt;300 ng·L<sup>-1</sup></b>  | Not disease-specific, potentially affected by conditions other than PAH   | Goals may not be achievable in patients with interfering conditions  |
|  | Need for research prioritisation:<br>RA area <18 cm <sup>2</sup><br>TR, none or trace<br>TAPSE/sPAP >0.32 mm·mmHg <sup>-1</sup>  | Other imaging parameters from echocardiography and MRI are emerging   | TAPSE/sPAP threshold requires further validation   |
| <b>Haemodynamics</b><br>         | <b>RAP &lt;8 mmHg</b><br><b>CI ≥2.5 L·min<sup>-1</sup>·m<sup>-2</sup></b><br><b>SVI &gt;37 mL·m<sup>-2</sup></b><br><b>S<sub>vO<sub>2</sub></sub> &gt;65%</b><br><b>PVR &lt;5 WU</b> | Uncertain added value in low-risk patients according to ESC/ERS 4 strata model<br>PVR <5 WU treatment goal may not apply to patients with congenital heart disease  | Established prognostic value; however, not necessarily independent of noninvasive parameters   |
|  | Need for research prioritisation:<br>mPAP <30–35 mmHg<br>PAC ≥2.5 mL·mmHg <sup>-1</sup>  | With emerging therapies and effective combination treatment strategies, comprehensive haemodynamic assessment of treatment response is expected to play a prominent role in the management of patients with PAH | The proposed thresholds may be associated with long-term survival; however, this is not evidence-based and requires further validation |

# Limitations of Risk Assessment Tools

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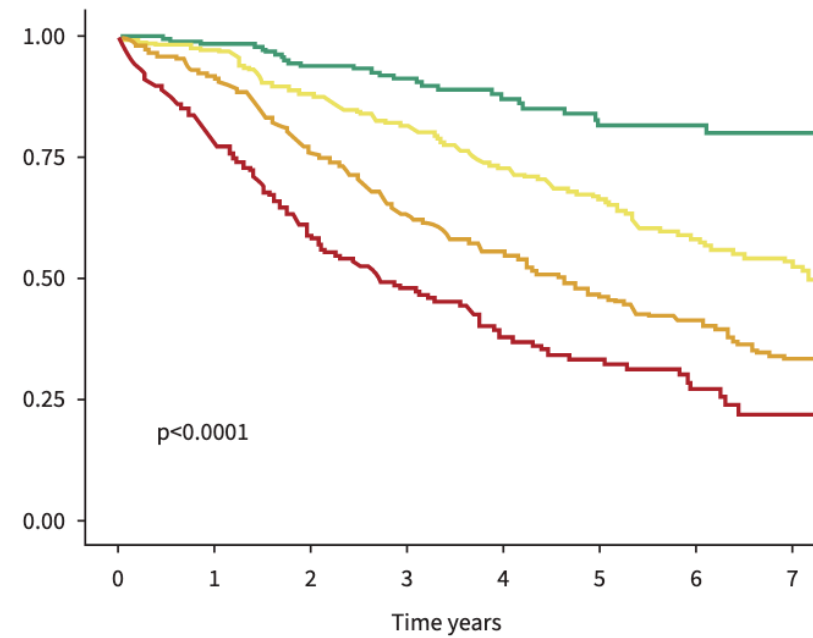
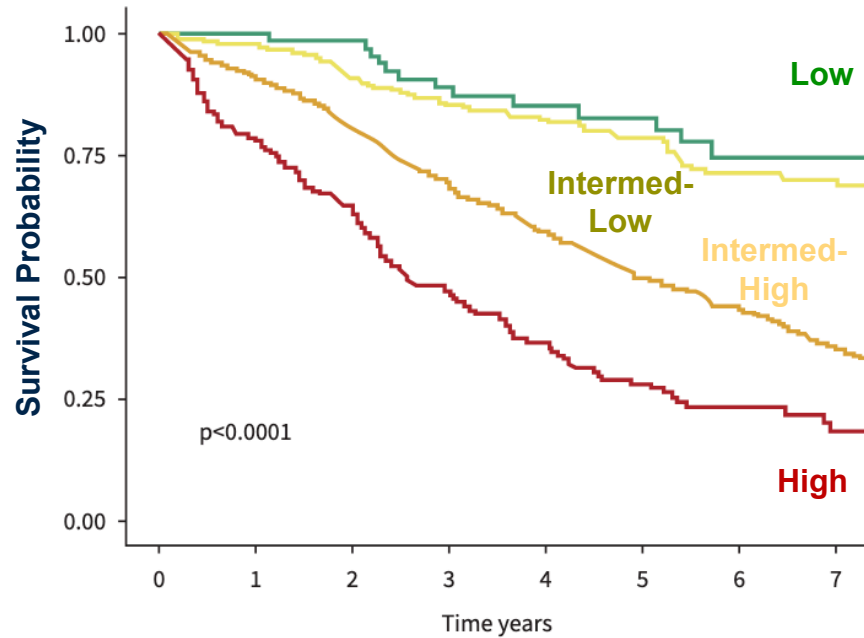


# REVEAL 2.0 and Lite 2 Risk Score

| Parameter                        | REVEAL 2.0<br>(13 variables)   |                              |                                     | REVEAL<br>Lite 2<br>(6 variables) |
|----------------------------------|--|------------------------------|-------------------------------------|-----------------------------------|
| <b>Cause</b>                     | CTD-PAH: <b>+1</b>   | PoPH: <b>+3</b>              | Heritable: <b>+2</b>                | -                                 |
| <b>Demographics</b>              | Men >60 y: <b>+2</b>   |                              |                                     | -                                 |
| <b>Renal Insufficiency</b>       | eGFR <60 mL/min/1.73 m <sup>2</sup> or defined by clinical judgment if eGFR not available: <b>+1</b> |                              |                                     | ✓                                 |
| <b>NYHA or WHO FC</b>            | FC I: <b>-1</b>  | FC III: <b>+1</b>            | FC IV: <b>+2</b>                    | ✓                                 |
| <b>All-Cause Hospitalization</b> | Within previous 6 mo: <b>+1</b>  |                              |                                     | -                                 |
| <b>Vital Signs</b>               | SBP <110 mmHg: <b>+1</b>   | HR >96 bpm: <b>+1</b>        |                                     | ✓✓                                |
| <b>6MWD</b>                      | ≥440 m: <b>-2</b>  | 320 to <440 m: <b>-1</b>     | <165 m: <b>+1</b>                   | ✓                                 |
| <b>BNP (or NT-proBNP)</b>        | <50 pg/mL (< 300 pg/mL): <b>-2</b>   | 200 to <800 pg/mL: <b>+1</b> | ≥800 pg/mL (≥1100 pg/mL): <b>+2</b> | ✓                                 |
| <b>Echocardiogram</b>            | Pericardial effusion: <b>+1</b>  |                              |                                     | -                                 |
| <b>PFT</b>                       | % predicted DLCO <40%: <b>+1</b>   |                              |                                     | -                                 |
| <b>RHC Within 1 y</b>            | mRAP ≥20 mmHg: <b>+1</b>   | PVR <5 Wood units: <b>-1</b> |                                     | -                                 |
| <b>Total Score</b>               | Sum of above <b>+6</b>   |                              |                                     | ✓                                 |

Adapted from Benza RL, et al. *Chest*. 2021;159(1):337-346.

# COMPERA 2.0: Refined 4-Stratum Risk Assessment Model



|      |     |     |     |     |     |     |     |    |
|------|-----|-----|-----|-----|-----|-----|-----|----|
| Low  | 92  | 76  | 65  | 49  | 40  | 34  | 24  | 17 |
| I-L  | 401 | 335 | 270 | 213 | 166 | 125 | 88  | 71 |
| I-H  | 910 | 726 | 540 | 406 | 299 | 205 | 143 | 92 |
| High | 252 | 167 | 119 | 77  | 56  | 32  | 20  | 11 |

|      |     |     |     |     |     |     |    |    |
|------|-----|-----|-----|-----|-----|-----|----|----|
| Low  | 240 | 189 | 154 | 126 | 95  | 66  | 53 | 39 |
| I-L  | 395 | 322 | 255 | 205 | 160 | 119 | 80 | 59 |
| I-H  | 534 | 413 | 289 | 212 | 162 | 107 | 76 | 56 |
| High | 245 | 159 | 104 | 69  | 48  | 32  | 19 | 9  |

Intermediate-low / intermediate-high 4-stratum model more sensitive to prognostically relevant changes in risk than original 3-stratum with 1 intermediate category.

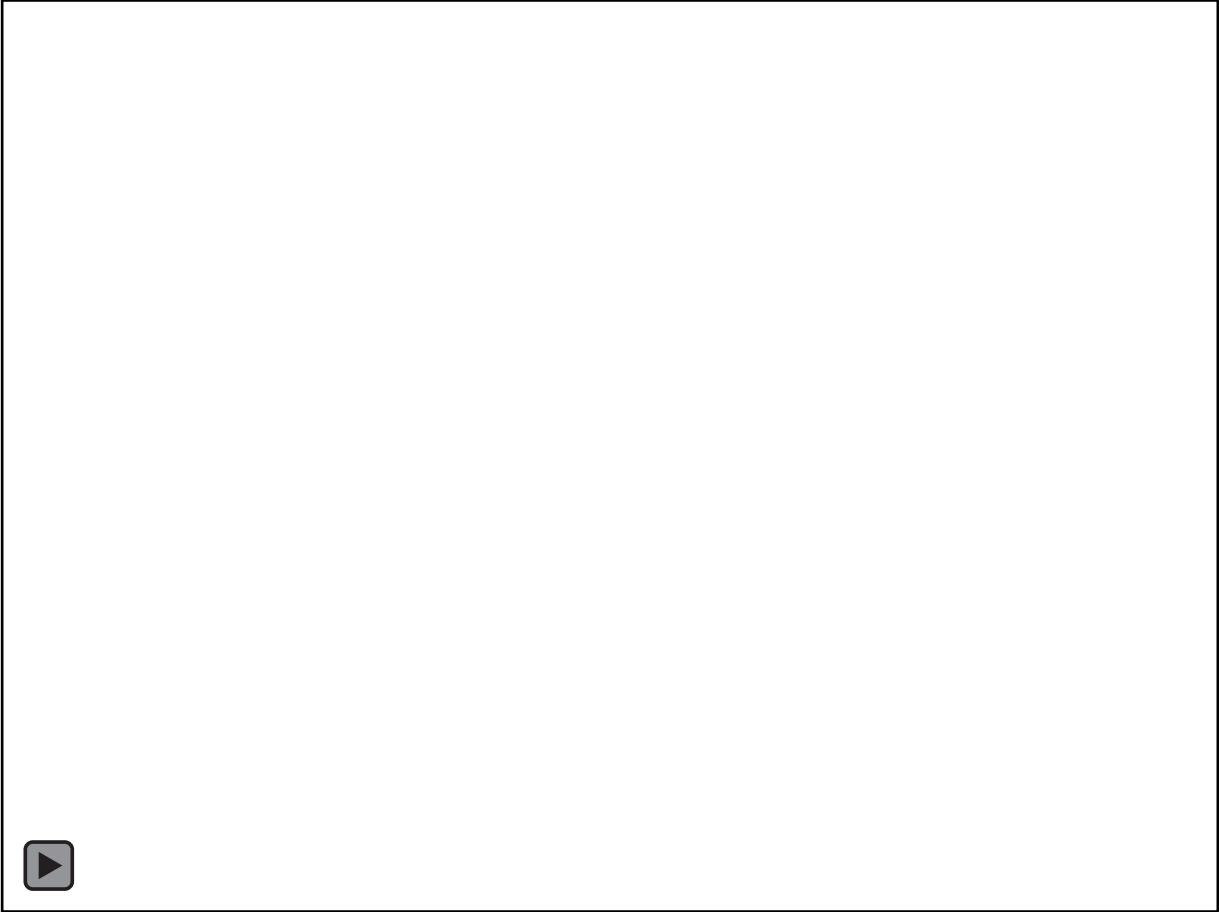
## 2 Ends of the Spectrum

- Younger patients who function well despite advanced hemodynamics and poor RV function
- Patients who are older or have multiple comorbidities who function poorly despite mild pulmonary vascular disease

# Patient LB

- 45 yo woman with 5-year h/o IPAH, triple therapy
  - Epo at 44 ng/kg/min, tadalafil, macitentan
- Right heart cath 11/22
  - mPAP 81 mmHg, RAP 7, PCWP 14
  - CO/CI 5.53/3.64, PVR 16.2 Wood units
- Most recent office visit: July 2024
  - FC 1, 6MWD 617 m, BNP 48
- Low risk by both 4-strata and REVEAL Lite 2

# Patient LB-Apical 4 Chamber

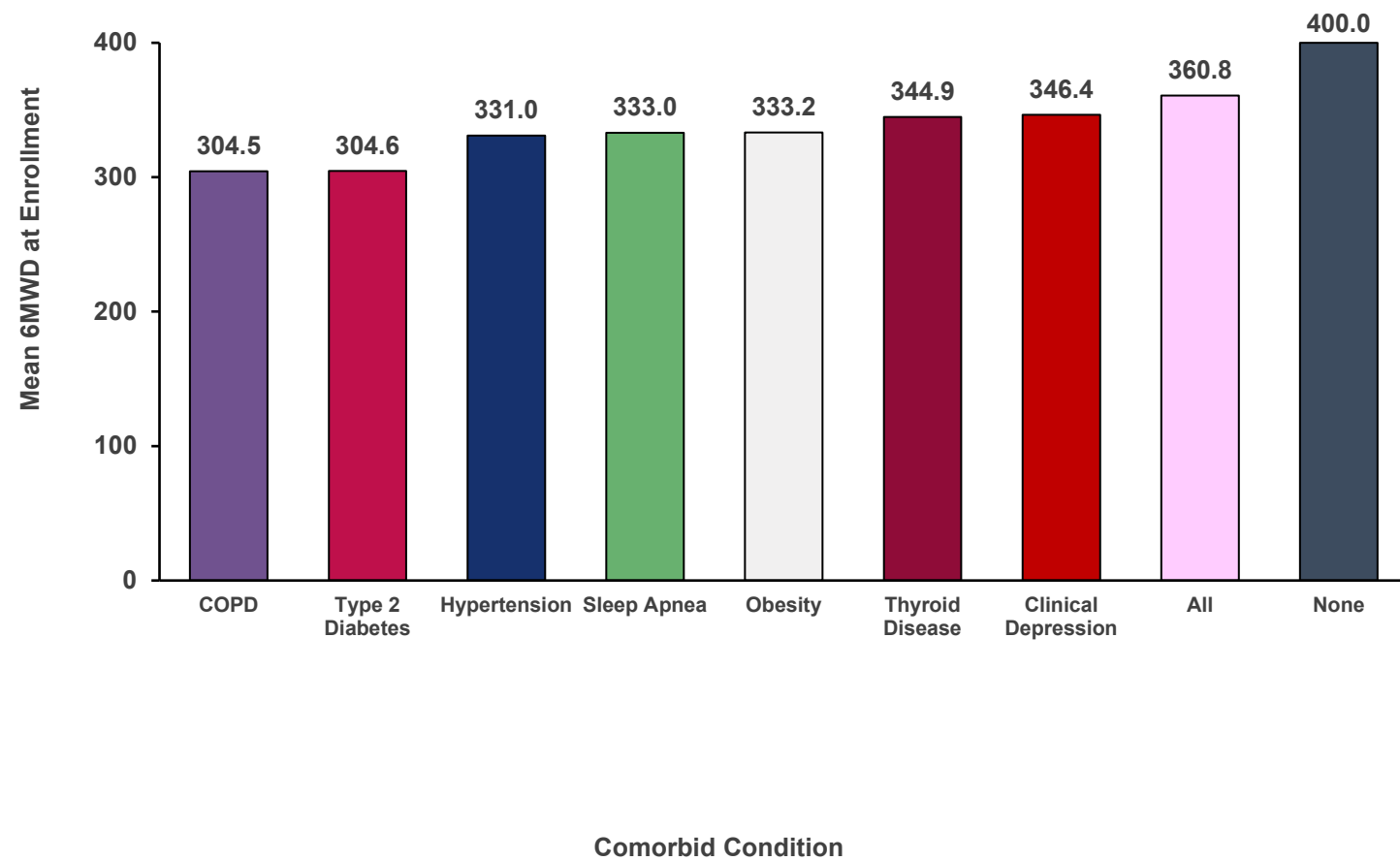
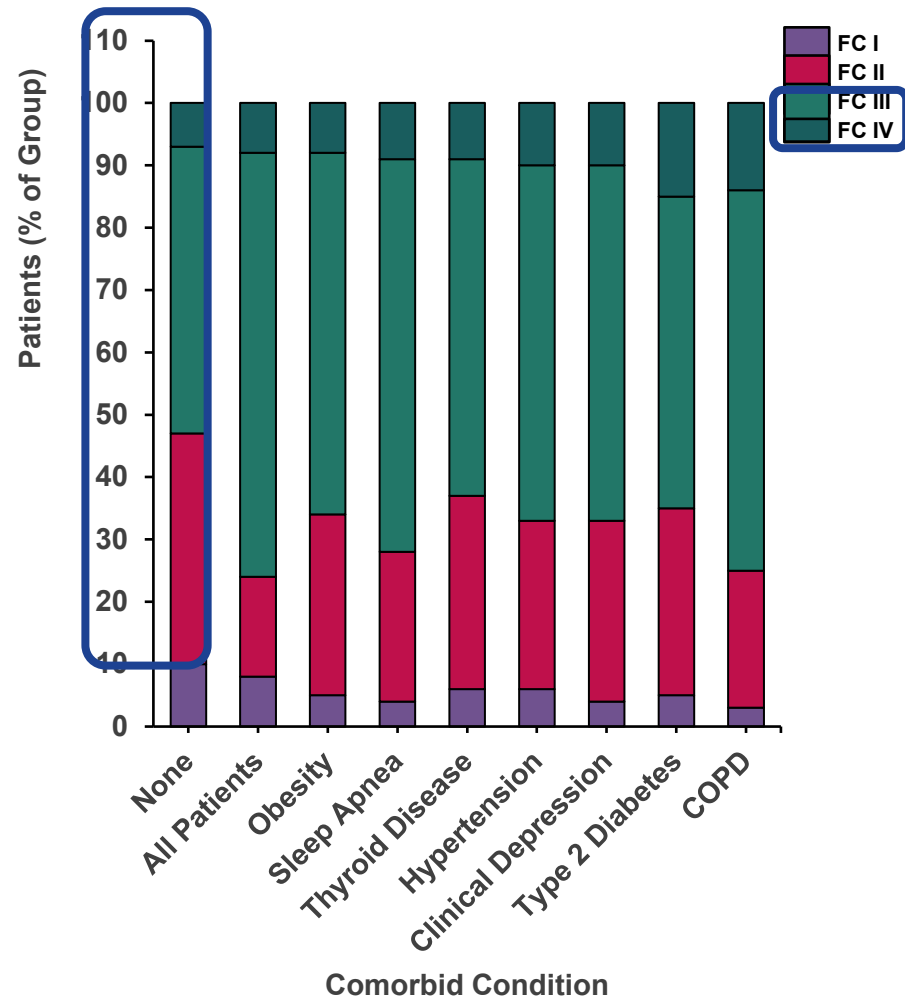


# Patient LB-Parasternal Short Axis





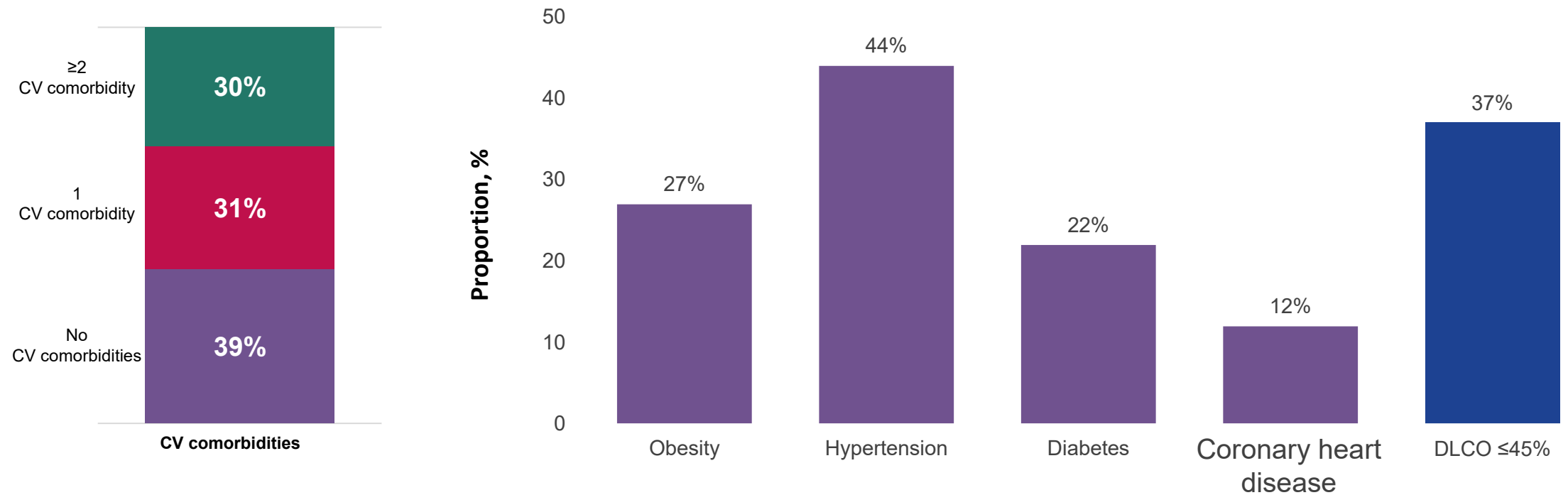
# REVEAL Registry Analysis: Prognostic Factors



**Subjects with Group 1 PAH with any comorbidity had worse FC and 6MWD**

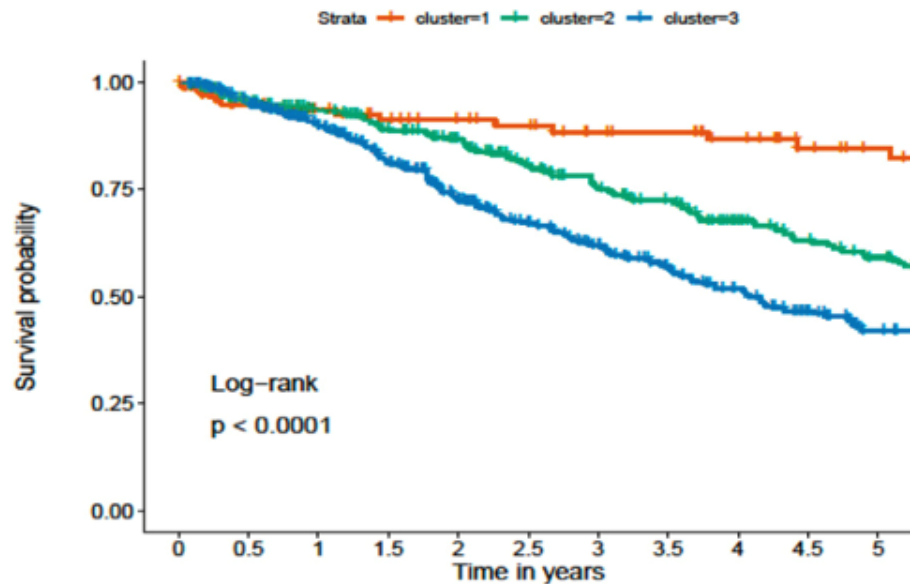
# Prevalence of Cardiopulmonary Comorbid Conditions in PH: French PH Registry

- 60% of patients with PAH have at least 1...



# Do Cardiopulmonary Comorbidities in PH Affect Outcomes?

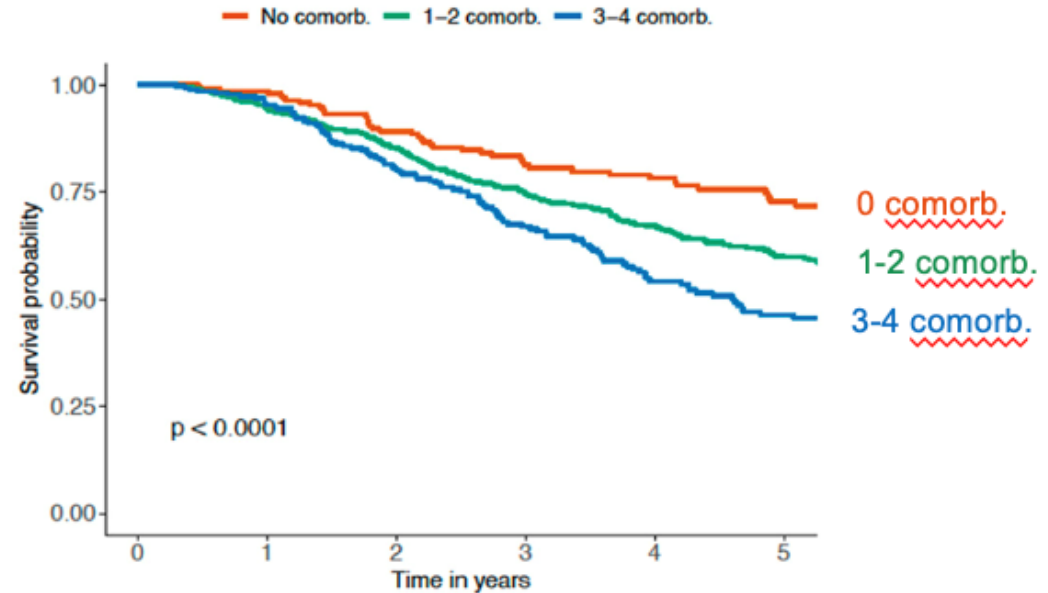
## iPAH phenotypes



|        |           | Number at risk |     |     |     |     |     |     |     |     |     |    |
|--------|-----------|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|
|        |           | 0              | 0.5 | 1   | 1.5 | 2   | 2.5 | 3   | 3.5 | 4   | 4.5 | 5  |
| Strata | cluster=1 | 106            | 85  | 78  | 72  | 67  | 64  | 57  | 55  | 49  | 40  | 36 |
|        | cluster=2 | 301            | 257 | 235 | 213 | 194 | 162 | 143 | 129 | 109 | 95  | 85 |
|        | cluster=3 | 434            | 375 | 322 | 271 | 213 | 179 | 151 | 123 | 101 | 80  | 60 |
|        |           | 0              | 0.5 | 1   | 1.5 | 2   | 2.5 | 3   | 3.5 | 4   | 4.5 | 5  |

Hoeper MM, et al. *J Heart Lung Transplant.* 2020;39(12):1435-1444.

## CV comorbidities



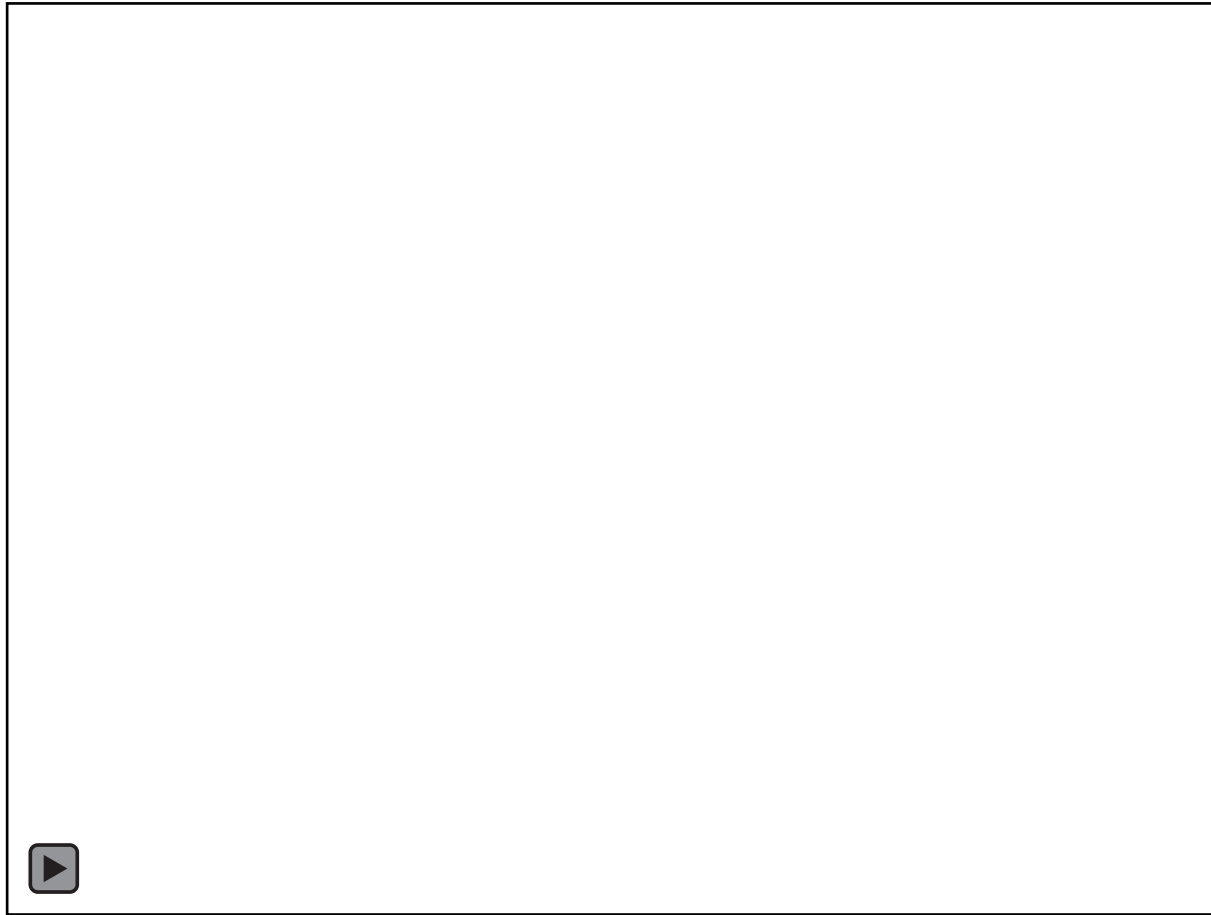
|        |             | Number at risk |     |     |     |     |     |
|--------|-------------|----------------|-----|-----|-----|-----|-----|
|        |             | 0              | 1   | 2   | 3   | 4   | 5   |
| Strata | No comorb.  | 208            | 187 | 152 | 114 | 99  | 71  |
|        | 1-2 comorb. | 641            | 541 | 436 | 323 | 248 | 179 |
|        | 3-4 comorb. | 271            | 229 | 167 | 118 | 79  | 60  |
|        |             | 0              | 1   | 2   | 3   | 4   | 5   |

Rosenkranz S, et al. *J Heart Lung Transplant.* 2023;42(1):102-114.

# Patient JD

- 75 yo woman with PAH r/t scleroderma dx 2012
  - mPAP 33, PCWP 11, CO/CI 5.95, 3.18
  - PVR 3.2 WU, treated with PDE5i monotherapy
- Repeat RHC 7/19, PVR 2.8
- Last office visit: 8/24
  - FC3, HW 244, BNP 128
- Risk status
  - Intermediate high by 4 strata, intermediate by REVEAL Lite 2

# Patient JD



# Patient JD



# PAH Therapy Decisions

